

CAPITOL COUNTY NEWS



The Official Newsletter of Capitol County Children's Collaborative, Volume 7



CCCC would like to keep you informed about our organization as well as community resources & events!

What's Happening at CCCC?

We are Sponsoring the Rainbow Resource Drive

CCCC is proud to be sponsoring the Trenton Public School's 2nd Annual Rainbow Resource Drive! In order to break down barriers to regular attendance there will be rain gear, toiletry kits, school uniforms and more available to the youth and families in Trenton. There will be multiple community providers, music, crafts, food and much more! The Rainbow Resource Drive will be held at PJ Hill Elementary School on February 29, 2020. Trenton families can pre-register using this link: <http://eepurl.com/dKvYTA>.

Please help us support the youth of Trenton by donating new umbrellas, rain coats, rain boots, laundry detergent and toiletry items! All donations can be dropped off at the CCCC offices: 3535 Quakerbridge Rd, Suite 800, Hamilton, NJ 08619. All questions or inquiries can be directed to Danielle Eveland at 609 584 0888 or develand@capitolkids.org. Community providers interested in participating in the event can contact Denise Kreiss, Parent Coordinator at 609 656 4900 x5670 or dholguin@trenton.k12.nj.us.

Shoe Giveaway Event was a Success

Giving back to our community is one of the values that CCCC holds dear to our heart. We joined forces with the Hilco Global philanthropic initiative, aptly named Hilco Helps to hold a very successful event. With the goal of helping to improve the lives of those in need, especially children, we held a Shoe Giveaway Event and gave out over 600 pairs of new shoes, toys, books and clothing to the community. Family Support Organization, Children's Futures and First Bank were among additional community partners that participated in the event. To learn more click the link above.

Spotlight of the Month

January 2019

Angel Chicaiza

Recognized for representing CCCC with great professionalism and respectability.

Trenton Public Schools
Every Day matters
Rainbow Resource Drive
Registration Link: <http://eepurl.com/dKvYTA>
Connecting parents to resources, services, rain gear and much more to encourage students' daily school attendance!
When: Saturday, February 29, 2020
Time: 10am-2pm
Where: PJ Hill Elementary School,
1010 East State Street
Contact Person: Denise Kreiss, Parent
Coordinator/Homeless Liaison: 609-656-4900
x5670 or dholguin@trenton.k12.nj.us
Parent Connect
Esos Da Mimos
Did you know?
Students that attend school more regularly have a higher chance to excel throughout their education and career!
Sponsored By: Ready, Set, Healthy!
Capitol County Children's Collaborative
ALL KIDS THRIVE
Made with PosterMyWall.com

Ongoing Community Engagement

As a part of our continued efforts to engage our youth, families and community CCCC has ongoing programs throughout the year. CCCC has several annual projects that include “Fill A Backpack Drive,” “Prom Perfect Project” and “A Meal on Every Table.” We continue to accept donations of school supplies, backpacks, formal gowns/dresses and non-perishable foods throughout the year. For more information on how you can help us help others please contact Brianna McGill (Receptionist), Daniel Winter (Community Resource Manager) or Danielle Eveland (Educational Liaison) at 609 584 0888.

In Your Community

Reducing Youth Homelessness with the WIN App

The Youth “WIN” (What I Need) mobile application was launched on January 16, 2020. The application is designed to connect youth (ages 16-24) within Trenton to essential services, which are listed on the application dashboard as follows: shelter, crisis, food, drop-in, health, legal, hotline, education, jobs, transit, benefits and more. Each icon featured on the dashboard allows the user to access information relating to services within the Trenton and Mercer County areas.

“This new tool will allow our City to provide resources and eliminate stigma by connecting our youth with mobile directories with 24/7 emergency support. When our youth are in physical danger or are experiencing suicidal thoughts, we want them to know where they can go.”

-Vernett Sherrill, Grant Administrator for the City’s Division of Community Relations and Social Services

Users of the app can connect with a 24/7 emergency provider or counselor directly from the app, which will be helpful for all youth independently of whether or not they are homeless. The WIN application has been identified as a crucial way to establish channels of communication with youth who may feel embarrassed when going to a governmental agency. According to the 2019 Point-in-Time Count, youth homelessness accounts for 25% of total homelessness within the city of Trenton. Mayor Gusciora asserted “We have pledged to prevent and end youth homelessness in Trenton. The fight to end youth homelessness is a fight that we are prepared to win.”

UPCOMING EVENTS

February 2020

- National Wear Red Day, February 7th
- Trenton Public Schools Rainbow Resource Drive @ PJ Hill Elementary School, February 29, 2020. 10am-2pm

April 2020

- Curriculum Expo, #SpeakYourTruth Sattelite Art Gallery & Resource Fair @ EWRSD Hightstown High School April 1st, 6:30pm (Open to EWRSD Families Only)

May 2020

- #SpeakYourTruth Art Gallery @ CCCC, May 7th (Open to the public)
- Prom Perfect Project @ CCCC, Dates/Times TBD



Health, Wellness & Safety

February is American Heart Month

Heart disease is the leading cause of death for both men and women. To prevent heart disease and increase awareness of its effects, Capitol County Children's Collaborative is proudly participating in American Heart Month.

You can make healthy changes to lower your risk of developing heart disease. Controlling and preventing risk factors is also important for people who already have heart disease. To lower your risk:

- Watch your weight
- Quit Smoking and stay away from secondhand smoke
- Control your cholesterol and blood pressure
- If you drink alcohol, drink only in moderation
- Get active and healthy

Ways in which CCCC works to maintain heart health within our organization is the creation of our walking club, the fruit exchange, the creation of a healthy recipe cookbook and participation in the #OurHearts Movement. CCCC will also be wearing red on February 7th for National Wear Red Day in honor of heart disease awareness. Join us in raising awareness in the month of February by using #ourhearts on your social media accounts. For more information, visit <https://www.nhlbi.nih.gov/health-topics/education-and-awareness/heart-month>.



Capitol County Children's Collaborative
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www.capitolkids.org

For Referrals to:
-Local Mental Health Providers
-Care Management Services

Call 1-877-652-7624
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