CAPITOL COUNTY NEWS

The Official Newsletter of Capitol County Children's Collaborative, Volume 14

CCCC would like to keep you informed about our organization as well as community resources & events!

What's Happening at CCCC?

Spotlight of the Month

Congratulations

CCCC thanks you for going above & beyond for our youth and families!

August: Maria Vanmorter September: Joanne Birotte October: Mabbel Zavaleta

Our First Trunk or Treat is Coming!!

Capitol County Children's Collaborative is happy to announce that we will be hosting our first Trunk or Treat on October 26th from 5pm-7pm. Come out and join us for a fun night of music, candy, games and more! Please register to attend this wonderful event.







Shouting Thank You

Our annual Fill a Backpack Drive was a success! We are so very grateful to the following organizations who generously donated backpacks and school supplies to our drive:

- Church and Dwight
- Hamilton Horizons Federal Credit Union
- Capacity Benefits
- CGI
- Macmillan Learning
- Hampton Behavioral Health
- Steinert High School Football Booster Club
- Tawanna Holmes

Studies show that children having school supplies of their own can improve grades, attendance, creativity, attitudes towards learning, behaviors, peer relationships and self-image. Our goal is to ensure our youth can start off the new school year on the right foot. We were able to give out 327 filled backpacks this year!!! Thank you to all our generous donators.

Walking for Suicide Prevention

Some of CCCC's employees walked in the Out of Darkness Walk hosted by the American Foundation for Suicide Prevention. We had a great time and look forward to the next one! CCCC is committed to raising awareness and working towards "Zero Suicide."





In Your Community

3rd Annual NJ Youth Transition Conference

The NJ Youth Transition Conference was created for youth ages 14-21+ who experience I/DD, their families and caregivers, and the professionals who serve them. The 3rd Annual NJYTC will help you to understand the key organizations & services that support people and families in the transition process. Featuring workshops from Bill Freeman of NJDOE and our transition system stakeholders including but not limited to: CBVI, DDS, DRNJ, CHLP, DDD, SSA. This event will have translation services provided by Wordly.

Pre-register now: Oct 16th - 21st 2023 Online(Certificates offered!)

3rd Annual NJ Youth Transition Conference

Online October 16th - 21st, 2023 The Youth Transition Conference provides information and resources on transitioning into the NJ adult world of services for youth & young adults who experience I/DD, their families, and the professionals who serve them.



- School Social Workers and P
 Paraprofessionals
- Mental & Behavioral Health Providers
- Youth & Adult Provider Agencies

Trunk or Treats in Your Community

The following are other local Trunk or Treats available for safe trick or treating this year!

- Family Support Organization is hosting a Trunk or Treat on October 31st from 5-7pm at 7 Dunmore Ave, Ewing, NJ
- Jeep Lovers Trunk or Treat October 21st 6pm at 339 NJ-33, Hamilton, NJ
- Trunk or Treat October 28th from 11am-2pm at Killarney's Publick House, 1644 Whitehorse Mercerville Rd, Hamilton, NJ
- Good Fellas Jeep Crew presents a Trunk or Treat on October 28th, 4pm at Independence Plaz Shopping Center, 2465 South Broad St, Hamilton, NJ
- Saint Mark UMC is hosting a Trunk or Treat on October 29th from 3-5pm. Please register here: <u>https://forms.gle/se4Np1qQ5uhC8AqZ6</u>
- Tiffany N' Company Academy of Dance is hosting a Trunk or Treat October 28th at 12pm, 127 Route 206, Suite 110, Hamilton, NJ

Annual College and Career Fair

The Boys & Girls Club is hosting their annual college and career fair. Register here!

Thursday, October 26, 2023

4:30-6:30pm

Boys & Girls Club Community Center

1040 Spruce St, Lawrenceville, NJ

THIS IS A FREE EVENT FOR THE COMMUNITY

Over 50 Colleges, Technical Schools & Companies in Attendance

College Information * Career Information * Workshops

Health, Wellness & Safety

October is Domestic Violence Awareness Month

Domestic violence occurs when an individual commits acts intended to harm or instill fear in another when a special relationship is present. This special relationship can involve current or former intimate partners, or household members. The abuse is not only physical, but can be verbal, and may include sexual assault, threats, financial control, and/or isolation.

Domestic violence is nationally recognized as a public health issue and causes serious health-related consequences. Victims and survivors may experience physical injuries like broken bones or head trauma and endure long term effects due to chronic stress and anxiety.

Help Is Available

Each county offers services for domestic violence victims: <u>Click here for DCF's Domestic Violence</u> <u>Services</u>

New Jersey Coalition to End Domestic Violence (NJCEDV) Toll Free Statewide Hotline: 1 (800) 572-SAFE (7233)

Phone: 609-584-8107 Web: www.NJCEDV.org

The New Jersey Coalition to End Domestic Violence (NJCEDV) is a statewide coalition of domestic violence service programs and concerned individuals whose purpose and mission is to end domestic violence in New Jersey. NJCEDV performs its work through advocacy for survivors of domestic violence; collaboration with state agencies and its member programs; education and training; and technical assistance for its members and the community.

New Jersey Domestic Violence Hotline Toll Free: 1 (800) 572-SAFE (7233)

The New Jersey Domestic Violence Hotline is available statewide 24-hours a day/seven days a week. It serves domestic violence victims and others seeking domestic violence information. The Hotline is a bilingual service and accessible to the deaf and hard of hearing.

State Office of Victim-Witness Advocacy Phone: (609) 896-8855

Web: www.njvw.org/index.html

As a crime victim or a witness, you have certain rights in the criminal justice system. Victim-witness advocacy services help make your participation in the criminal justice system less stressful and more informed. Services from the Office of Victim-Witness Advocacy are available in county prosecutors' offices.

New Jersey Address Confidentiality Program Toll Free: 1 (877) 218-9133

The New Jersey Address Confidentiality Program (ACP) provides eligible domestic violence victims a substitute mailing address that does not reveal their location. This service is important for victims forced to relocate for safety. First class mail is forwarded without charge.

New Jersey Coalition Against Sexual Assault Toll-Free Hotline: 1 (800) 601-7200

Phone: (609) 631-4450 Web: <u>www.njcasa.org</u>

The New Jersey Coalition Against Sexual Assault (NJCASA) is the statewide advocacy and capacity building organization that represents the twenty-one county-based rape crisis centers, and the Rutgers University Office of Violence Prevention and Victim Assistance. NJCASA elevates the voice of sexual violence survivors and service providers by advocating for survivor-centered legislation, training allied professionals, and supporting statewide prevention strategies that work to address and defy the socio-cultural norms that permit and promote rape culture.

New Jersey Adult Protective Services Providers

Web: http://www.state.nj.us/humanservices/doas/home/adultpsp.html

If you know someone 18 years of age or older who is subject to abuse, neglect, or exploitation, contact your county Adult Protective Services (APS) office. An APS investigation is a thorough assessment of a potential at-risk adult. Within 72 hours of a referral's receipt, a face-to-face meeting with the adult by a trained APS social worker is required. During this meeting the potential client is interviewed in private. Every effort is made to determine the competence of the adult. Other

individuals or agencies that have knowledge of the situation may also be interviewed. When the investigation is complete a report is submitted to the APS Supervisor who will then consult with the social worker and determine if the adult is at risk of abuse, neglect or exploration. All information generated by the investigation is confidential.



October is National Breast Cancer Awareness Month

National Breast Cancer Awareness month encourages education about the importance of knowing the signs and symptoms of breast cancer. According to the Centers for Disease Control and Prevent, one in eight women in the United States will be diagnosed with breast cancer in their lifetimes, so it's important to know the symptoms and risk factors.

For more information regarding breast cancer, early diagnosis, self-screenings, and more visit <u>Breast</u> <u>Cancer Information, Support & Donations - National Breast Cancer Foundation</u>





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For Referrals to: -Local Mental Health Providers -Care Management Services Call 1-877-652-7624 PerformCARE[®]