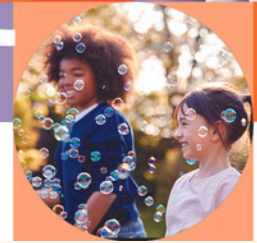


# CAPITOL COUNTY NEWS

The Official Newsletter of Capitol County  
Children's Collaborative



CCCC would like to keep you informed about our organization as well as community resources & events!



## What's Happening at CCCC?

### Capitol County Children's Collaborative is excited to welcome our new CEO!

We are pleased to announce that Joseph Rizziello has been appointed as our new Chief Executive Officer. CCCC welcomed Mr. Rizziello with open arms this past August. Mr. Rizziello is the right person to lead Capitol County in providing caring, thoughtful, and child and youth-centered care management to the families we serve.

He previously served as the Director of Quality Improvement and Compliance at Catholic Charities Diocese of Trenton and has a significant history of working within the Children's System of Care. He brings with him rich and deep experience and a proven track record of leadership in community-based services. His vision for the future of Capitol County aligns perfectly with our values and strategic goals. We are excited about the new perspectives and innovative ideas he will bring to our team. Please join me in giving Joe your full support and welcoming him to the Capitol County family.



### We would like to give a special thank you!

Our Capitol County Children's Collaborative family would like to extend a heartfelt thank you to Deborah Megaro for her many years of dedication to our youth and families, our staff and our community! We had a splendid time celebrating Deb's many years of dedication



# Out of Darkness Walk

CCCC had an amazing time participating in the Out of the Darkness Community Walk again this year!!! We joined thousands of teams across the country to help save lives and bring hope to those affected by suicide.

This year, Capitol County Children's Collaborative was recognized as a Top Team and had our team name included on the walk t-shirts.

If you, or your loved one, are in crisis, please call the Suicide and Crisis Lifeline at 988 or contact the Crisis Text Line by texting 741-741.



## Parent Workshop Series

The Community Resource & Education Program continue to host our Parent Workshop series. This series occurs monthly and the topics vary. In the month of October we will be hosting two workshops.

Topics for the Month of October:  
**Internet Safety**  
**Understanding IEPs**

As parents, we all want the best for our children...come to our parent workshop!

### Internet Safety PARENT WORKSHOP

Presented by: Marc Leshnowe  
Assistant Special Agent in Charge  
US Secret Service

**OCTOBER 15TH**  
6PM-8PM  
AT CREATIVE CHANGE  
COUNSELING  
3525 QUAKERBRIDGE RD  
SUITE 903, HAMILTON, NJ 08619

**FOCUS OF PRESENTATION**

- Cyberbullying
- Being a good digital citizen
- Inappropriate content
- Risks of sharing personal information
- Parent roles, guidance and communicating
- Decision making when posting on social media
- Sexting
- Child sex trafficking

During the workshop, the Media Room will be available to youth ages 4-16 for structured activity

**REGISTRATION REQUIRED**

capitolkids.org  
3535 Quakerbridge Rd, Suite 800  
Hamilton, NJ 08619  
609-584-0888

Capitol County Children's Collaborative  
Helping Mercer County build a village, one child at a time.

# Trunk or Treat Candy Drive

CCCC is collecting candy in preparation for our Trunk or Treat. Candy can be dropped off at our offices (3535 Quakerbridge Rd, Suite 800, Hamilton, NJ).

No time to shop? Scan the QR code and make a monetary donation and we will do the shopping for you!



**Trunk or Treat Candy Drive**  
Candy donations needed for our 2nd annual Trunk or Treat!

Drop off Location:  
3535 Quakerbridge Rd, Suite 800, Hamilton, NJ 08690

No time to shop? Make a monetary donation and we will do the shopping for you!



Donations Accepted through October 25th

Questions? Contact [communityresources@capitolkids.org](mailto:communityresources@capitolkids.org)  
609-584-0888



**Thanksgiving FOOD DRIVE**  
A MEAL FOR EVERY TABLE

SOME OF THE ITEMS WE COLLECT:

- canned vegetables,
- instant mashed potatoes, boxed mac and cheese,
- pasta & sauce, rice, stuffing, dessert mixes



Monetary Donations & Gift Cards Welcomed

Collecting Now - November 13th

**DROP OFF LOCATION:**  
Mercer CMO  
3535 Quakerbridge Rd  
Suite 800  
Hamilton, NJ 08619

**NO TIME TO SHOP? HEAD TO [YOUGIVEGOODS.COM](http://YOUGIVEGOODS.COM)**

For more information: [communityresources@capitolkids.org](mailto:communityresources@capitolkids.org)  
609-584-0888

# Thanksgiving Food Drive

Food insecurity is a big problem in the United States, where 47 million people, including 14 million children, experience food insecurity annually. Capitol County Children's Collaborative works hard each year to ensure as many families as possible have food for the holiday. We are collecting canned goods, non-perishable foods and giftcards to help ensure that this year there is a Meal on Every Table. Donations can be dropped off at CCCC offices or monetary donations can be made via the QR code.

Interested in putting out a collection box for us at your place of business? Reach out to us at [communityresources@capitolkids.org](mailto:communityresources@capitolkids.org) to set this up!

# 2nd Annual Trunk or Treat

CCCC is hosting our 2nd Annual Trunk or Treat. The event will take place from 6-8pm on October 29th (rain date October 30th) at 3535 Quakerbridge Rd, Hamilton, NJ.

There will be plenty of candy, games, food and fun !



May your night be filled with spooky fun, delicious treats, and enchanting surprises.

**REGISTER TO ATTEND**

**TUESDAY, OCTOBER 29TH**  
6-8 PM @ MERCER CMO  
3535 QUAKERBRIDGE RD

**COSTUME CONTEST @ 7:30**

BRING A CANNED GOOD  
GET A RAFFLE TICKET



Capitol County Children's Collaborative  
Engage. Educate. Empower.



## In Your Community

### Arm in Arm Mobile Food Pantry

Food insecurity affects many people. To help those in need, Arm in Arm will have a Mobile Food Pantry on Mondays at the Lawrence Headquarters Branch! This pantry will be available from 2-4pm.

No pre-registration is required; while supplies last.



**Mobile Food Pantry**  
Mondays in 2024  
2:00 - 4:00 pm  
at the Lawrence Headquarters Branch



**Upcoming Dates**  
September 23 & 30,  
October 7, 14, 21 & 28

**Próximas Fechas**  
Septiembre 23 y 30,  
Octubre 7, 14, 21 y 28

**Visiting Services**

10/7/2024: NJ Division on Civil Rights, Lawrence Township Health Department and Mercer County Office of Economic Development  
10/21/2024: Mercer County Board of Social Services, Mercer County Nutrition Program and Central Jersey Legal

No pre-registration required, Arm in Arm staff will register participants upon arrival while supplies last. For more information about the food pantry, visit [arminarm.org](http://arminarm.org).  
No se requiere registrarse. Arm in Arm personal estarán registrando a cada persona al llegar hasta agotar existencias. Para más información de nuestra despensa visite a [arminarm.org](http://arminarm.org).

**MCLS** Lawrence Headquarters Branch  
2751 Brunswick Pike  
Lawrenceville, New Jersey 08648 | 609-882-9246  
<https://mcl.org/branches/lawrence>



TRENTON POLICE DEPARTMENT  
10TH ANNUAL HALLOWEEN

**TRUNK OR TREAT**

THURSDAY  
**OCTOBER 31**

225 N. CLINTON AVE  
TRENTON, NJ  
5:00PM - 8:00PM

CANDY • FAMILY FUN • DJ & MORE  
BRING A BAG FOR YOUR TREATS

RAIN OR SHINE EVENT/ANY QUESTIONS CONTACT  
COMMUNITY AFFAIRS (609)989-3918 OR EMAL  
ATURNER@TRENTONPOLICE.NET

*Don't forget to wear your costume!*

### Trenton Police Department Is Hosting a Trunk or Treat

Trenton Police Department will be hosting their annual Trunk or Treat again this year. Join the TPD on Halloween Day, Thursday, October 31st, 2024, for their 10th Annual Trunk or Treat Event, which will be hosted from 5-8pm at Trenton Police Headquarters. Make sure to bring a bag for your candy and wear your best costume.

**ALL CHILDREN UNDER THE AGE OF 18  
MUST BE WITH AN ADULT OR CHAPERONE  
AT ALL TIMES. THERE IS ABSOLUTELY NO  
DROPPING OFF.**

## In Your Community

### Mercer County Queer Health Extravaganza

Attention LGBTQIA+ Community and Allies:

Mercer County is hosting a Queer Health Extravaganza. Free resources, health screenings and more will be available.

October 10th, 2-6pm at  
1440 Parkside Ave, Ewing, NJ



**YOU'RE INVITED**

**MERCER COUNTY**  
**QUEER HEALTH EXTRAVAGANZA**  
**LGBTQIA2S+ COMMUNITY & ALLIES WELCOME**

**FREE RESOURCES**

- Health Education & Screenings
- Food Security & Nutrition
- Housing & Basic Need
- Mental Health & Counseling
- Substance Use Support
- *And much more!*

**THURSDAY**  
**OCTOBER 10TH**  
**2 PM - 6 PM**

**1440 PARKSIDE**  
**EWING NJ 08638**

**COME OUT TO ENJOY**  
**MUSIC & FOOD!!**

Questions?  
Contact Ricardo Kairios  
[Ricardo.Kairios@rutgers.edu](mailto:Ricardo.Kairios@rutgers.edu)

**RUTGERS UNIVERSITY**  
Family and Community Health Sciences  
New Jersey Agricultural Experiment Station

**HYACINTH**  
HUMAN SERVICES

**TrentonHealthTeam**

**CEED**

Cooperating Agencies: Rutgers, The State University of New Jersey, U.S. Department of Agriculture, and State of New Jersey Commission on Hispanic Cooperative Extension, in collaboration with the Rutgers New Jersey Agricultural Experiment Station, in an equal opportunity program provider and employer.

### BreakBeatCode

Develop problem -solving abilities by creating music, learning key coding concepts, beat production and exploring technology.

Saturdays from 4-5:30pm at St. Michaels Episcopal Church

Available for youth ages 9-12



**BreakBeatCode**

Participants will develop problem-solving abilities by creating music, learning key coding concepts, beat production, and exploring technology.

This program is designed for young men and women between the ages 9 - 12

All Sessions will be held on Saturdays from 4 pm - 5:30 pm at St. Michael's Episcopal Church 140 N. Warren St. Trenton, NJ 08608

**SIGN UP HERE**

SESSION DATES:  
September 14th and 28th  
October 5th and 19th  
November 2nd and 9th

<https://forms.gle/4Y8vxyBgibWnfJkJA>



Anyone who completes the program, **WINS** a free trip to Google Headquarters in New York City

[nyenebakerevpgrp.org](mailto:nyenebakerevpgrp.org)  
<https://www.vpgrp.org>

**VISIONARY PHILANTHROPY GROUP INC.**

**NERDS WITH SWAG**

## Health, Wellness & Safety

### October is Breast Cancer Awareness Month

In 2024, more than 360,000 people will be diagnosed with breast cancer. But there is hope. Advancements in early detection methods and support continue to increase the chances of survival. When caught in its earliest, localized stages, the 5-year relative survival rate of breast cancer is 99%.



Learn more at  
<https://www.nationalbreastcancer.org/breast-cancer-awareness-month/>

### October is National Fire Prevention Month

October is National Fire Prevention Month and that means it's time for us all to take the precautionary steps to prevent dangerous and life-threatening fires.

For more information on Fire safety tips, visit  
<https://www.redcross.org/get-help/how-to-prepare-for-emergencies/types-of-emergencies/fire.html>





COMING SOON

**Parent Workshops: Monthly; Next Workshop: October 15th  
and 21st**

**CCCC's 2nd Annual Trunk or Treat: October 29th  
Rain Date: October 30th**

**Fall Into Wellness Resource Fair November 20th**



Together  
we can **make**  
**a difference.**

